

AACAP Educational Outreach Program for Child and Adolescent Psychiatry Residents, supported by AACAP's Life Members Fund

The AACAP Educational Outreach Program provides the opportunity for child and adolescent psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. Supported by AACAP's Life Members Fund, recipients receive \$1,200 of financial assistance to experience AACAP's Annual Meeting.

Katharine D. Andrews, MD, PhD—Mayo Clinic

Jordyn H. Feingold, MD—NewYork-Presbyterian Hospital/Columbia University/New York City Children's Center

Carolina D. Roddy, DO—Case Western Reserve University/University Hospitals Cleveland Medical Center

Michelle J. Won, MD—University of California, Irvine

AACAP Educational Outreach Program for Child and Adolescent Psychiatry Residents

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You are required to sign up to monitor when you register and complete **six programs** during the Annual Meeting. See below.



Check out these committees, [AACAP group events](#) & [program offerings!](#)

- Medical Students & Residents (MSRs)
- Presidential Theme sessions
- Early Career Psychiatrists
- Training & Education Committee

also consider...

- Plenary sessions
- Honors presentations
- CAP@Home programs

1. Choose **one** (of three) [Life Member Sponsored](#) Session(s). Options are:
 - Tues. Oct. 21 **4:45 - 6:15 PM**
[Medical Students, Residents, and Fellows Meet Life Member Mentors at the 2025 AACAP Meeting](#)
 - Thurs. Oct. 23 **10:00 AM - 12:00 PM** | Member Services Forum 9
[Child and Adolescent Psychiatrists Unite: Bridging Intergenerational Gaps for the Future](#)
 - Thurs. Oct. 23 **2:30 - 4:30 PM** | Clinical Perspectives 67
[Life Members Clinical Perspectives: The Development of Psychiatric Careers in Leadership, Teaching/Mentoring, Research, and Clinical Practice](#)
2. Weds. Oct. 22 **8:30 - 10:15 AM** | [Opening Plenary](#)
3. Thurs. Oct. 23 **4:15 - 6:00 PM** | [Mentorship Program for MSR - Part 1*](#)
[Free ticketed event. Two sessions: Thurs. Part 1 | Fri. Part 2*]
4. Fri. Oct. 24 **8:00 - 9:30 AM** | [Young Leaders Awards Breakfast](#) (Invite Only)
5. **11:30 AM - 1:00 PM** | [Life Members Luncheon](#) (Invite Only)
4:15 - 6:00 PM | [Mentorship Program for MSR - Part 2*](#)
[Free ticketed event. Two sessions: Thurs. Part 1 | Fri. Part 2*]

Complete **one additional required session** based on your individual interest; may include a program that you monitor, or in which you are serving in a chair, discussant or co-presenter role, or other academic/clinical programming of choice from the program schedule.

LEARN MORE!



AACAP's [PsychStream](#)

is your new, go-to destination for expert-led, on-demand content in child and adolescent psychiatry.

AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY

WWW.AACAP.ORG



200 First Street SW
Rochester, Minnesota 55905
507-284-2511
mayoclinic.org

December 2, 2025

Attn: Marilyn B. Benoit, M.D. and Ellen H. Sholevar, M.D.
AACAP Life Members Committee – EOP CAP LM
3615 Wisconsin Avenue, NW
Washington, DC 20016

Dear Drs. Benoit and Sholevar,

Thank you so much for the opportunity to attend the 2025 American Academy of Child and Adolescent Psychiatry Annual Meeting through the Education Outreach Program supported by the Life Members Committee and Fund. Attending this year's conference provided me with invaluable opportunities to meet with senior clinicians with a variety of career backgrounds that I would not have otherwise met. As I am nearing the end of my fellowship training, the opportunity to meet in small group settings with seasoned clinicians to learn about their career journeys was both inspiring and educational. I also greatly enjoyed the opportunity to attend specific workshops targeted at my interests in autism and intellectual disability as well as parent management training. I was able to meet several clinicians with similar interests and network with them. The opportunity to attend AACAP 2025 has helped me feel more prepared and excited to enter the child psychiatry workforce this coming year. Thank you for such a wonderful opportunity.

Sincerely,

A handwritten signature in cursive script that reads "Katharine Andrews MD".

Katharine (Katie) Andrews, M.D., Ph.D.
Child and Adolescent Psychiatry Fellow, PGY5
Mayo Clinic Department of Psychiatry and Psychology

Nov. 5, 2025

To The Life Member Committee Chairs:

Thank you so much for your work and the incredible honor it was for me to attend AACAP in Chicago with the support of EOP! I had such a wonderful & meaningful time at the meeting and in the mentorship / Life Member sessions. As a CAP2 looking ahead to my career after training, this was such a wonderful opportunity to ground myself in AACAP. & I'm confident that my involvement will be life long!

Thank you so much!

Jordyn Feingold, CAP2



Dr. Carolina D. Roddy D.O.
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AACAP Life Members Committee – EOP CAP LM
Attn: Marilyn B. Benoit, MD and Ellen H. Sholevar, MD
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

November 12, 2025

Dear Drs. Benoit and Sholevar,

Thank you so much for the opportunity to be selected for AACAP's Educational Outreach Program (EOP) for Child and Adolescent Psychiatry Residents Award. This opportunity to attend and participate in the Annual Meeting in Chicago has been an amazing experience for me. The conference was eye-opening and skill-building – from the concise and thorough learning workshops to the unique energy amongst the attendees and the powerful messages from presenters. They say in medicine that a telling sign of where you will end up as your specialty is how well you get along with the people in it. My first AACAP meeting cemented my knowledge that I wanted to go into psychiatry for my residency and consider a Child and Adolescent Fellowship – which is where I am now. I never felt such compatibility and had as many meaningful interactions with a group of professionals as I did while attending the 2025 conference. The warmth and depth I experienced from them was unmatched. The conversations were significant, and the mentorship moments were insightful and empowering. Overall, it is because of AACAP's inspiration and award support, that I *still* see Child and Adolescent Psychiatry as not only a viable pathway in my medical career, but that I chose the right choice in pursuing my current CAP Fellowship.

This award has strengthened my commitment to CAP and my willingness to sacrifice more, in order to see it grow. I am already applying what I learned at the conference toward the end of improving patient care and trainee education within my program. I look forward to sharing outcomes with the AACAP community. Thank you for this unparalleled opportunity and enduring support.

Sincerely,

Carolina De Los Rios Roddy D.O.
Child and Adolescent Psychiatry (CAP) PGY-4 Fellow & Osteopathic Clinician
CWRU/UH CAP Fellowship Program
25'-27' Executive Board Secretary
AOGME Residents & Fellows Council
carolina.rodgy@uhhospitals.org



AACAP Life Members Committee - EOP CAP LM

Attn: Marilyn B. Benoit, MD and Ellen H. Sholevar, MD

3615 Wisconsin Avenue, NW

Washington, DC 20016

I wanted to express my sincere gratitude for your generous support as a Life Member, which made it possible for me to attend the 2025 AACAP Annual Meeting in Chicago. It was an incredibly meaningful experience—one that has truly shaped the way I think about my training and future practice.

Through the conference, I had the opportunity to learn from inspiring and creative mentors, attend thought-provoking sessions, and connect with colleagues who share my passion for child and adolescent psychiatry. Hearing from professionals at all career stages, each deeply dedicated to improving the lives of children and families, renewed my commitment to this field and strengthened my sense of purpose as a trainee.

Thank you again for helping make this experience possible. Your support not only impacts trainees like me, but also helps cultivate the next generation of child and adolescent psychiatrists dedicated to compassionate, evidence-based care. My fellow colleagues and I came back from the conference buzzing with excitement about pearls we hope to bring back to our community. Truly, thank you for making this possible for trainees like me!

With gratitude,
Michelle Won, MD
CAP-1 Fellow
UC Irvine